

Taylor County Nutrition Council
Wednesday, December 11, 2013 – 10:45 A.M.
Goodrich Senior Dining Site, N3653 Spring Drive, Athens, Wisconsin 54411

Members Present: Agen, Albrecht, Bix, Dubiak, Jochimsen, Peterson, Thums, Troyk

Members Absent: Madlon (excused)

Call Meeting to Order: Chair Albrecht called the meeting to order at 10:53 A.M. Also present was Diane Niggemann, Director, Taylor County Commission on Aging.

Approve Minutes of the August 6, 2013 Nutrition Council Meeting: Troyk moved to approve the minutes of the August 6, 2013 Nutrition Council meeting; Agen seconded. All Ayes. Motion Carried.

Approve Agenda: Thums moved to approve the agenda with nine items; Bix seconded. All Ayes. Motion Carried.

Public Input: There was none.

Review Nutrition Reports: Meals served through the third quarter of 2013 were as follows: 11,029 congregate; 12,179 home-delivered; total 23,208. This compared with 11,725 for the same period in 2012 for congregate; 12,272 for home-delivered; and 23,997 total.

Director's Report: Pam Van Kampen and Niggemann met with all the site managers recently to review food safety procedures. Accurate, up-to-date records must be kept by all site managers. Most sites are not up to the \$4/meal suggested donation yet. Since Taylor County gets \$0.70/meal for each meal provided for a person over age sixty, it is very important to keep accurate records. There was discussion as to whether or not the meal sites need caterers' licenses, and Niggemann will check on this. (NOTE: After checking with the Taylor County Health Department, it was determined that the meal sites do NOT need caterer's licenses.)

Other Business: Troyk presented Niggemann with two plaques from the Greater Wisconsin Agency on Aging Resources for her many years of dedicated services to the older people of Taylor County.

Set Next Meeting Date: The next meeting of the Taylor County Nutrition Council will be Tuesday, March 4, 2014 at 9:30 A.M. It will be held in Westboro.

Adjourn Meeting: With no further business, Troyk moved to adjourn; Bix seconded. All Ayes. The meeting was adjourned at 11:24 A.M.

Handouts: August 6, 2013 Taylor County Nutrition Council minutes; 2013 Cumulative Nutrition Statistics with 2012 Comparisons; 2013 Congregate/Home Delivered Meals Served

TAYLOR COUNTY NUTRITION COUNCIL

Tuesday, August 6, 2013 – 11:00 A.M.

Westboro Senior Dining Site, N8835 Business Highway 13, Westboro, Wisconsin

Members Present: Albrecht, Agen, Bix, Dubiak, Jochimsen, Madlon, Peterson, Thums, Troyk

Members Absent: None

Call to Order: Chair Albrecht called the meeting to order at 11: 07 A.M. Also present was Diane Niggemann, Taylor County Commission on Aging Director.

Approve Minutes of the May 1, 2013 Nutrition Council Meeting: Thums moved to approve the minutes of the May 1, 2013 Nutrition Council meeting; Madlon seconded. All Ayes. Motion Carried.

Approve Agenda: Bix moved to approve the agenda with nine items; Troyk seconded. All Ayes. Motion carried.

Review Nutrition Reports: Meals served during the second quarter of 2013 were as follows: Medford averaged 14 meals per day; Stetsonville averaged 20; Rib Lake 18; Westboro 17; Goodrich 21; Gilman 16, and Jump River 18. The total average number of meals served overall was 17. Average donations per meal per site were as follows: Medford - \$3.58; Stetsonville - \$3.53; Rib Lake - \$3.17; Westboro - \$3.62; Goodrich - \$3.48; Gilman - \$3.24; Jump River - \$3.58. The average donation per meal overall was \$3.42.

Total meals served for the first half of 2013 were 14,977 compared to 16,232 for the first half of 2012. Total donations for the first half of 2013 were \$56,335.14 compared to \$61,945.12 for the first half of 2012. Average meal donations for the first half of 2013 were \$3.76 compared with \$3.82 for the first half of 2012.

2014 Budget: Niggemann will be making her budget presentation to the Commission at the September meeting. However, reductions in Title III funds are now known. They include: Title III B Supportive Services, a reduction of \$1,436 to \$29,697; Title III C-1 Congregate Meals, a reduction of \$2,988 to \$80,150; Title III C-2 Home Delivered Meals, a reduction of \$1,636 to \$16,960; Title III D Preventive Health, a reduction of \$288 to \$2,295; Title III E National Family Caregivers Support Program (NFCSP), a reduction of \$1,564 to \$10,496. These cuts total \$7,912. Larry Brandl of the Taylor County Accounting Department has recommended that Niggemann request an additional \$20,000 from Taylor County for overall 2014 operations. He said he will support that request because the Title III programs, as well as other Commission on Aging programs, are so important to Taylor County's aging population.

Increasing Suggested Meal Donation from \$3.50 to \$3.75: Federal funds for Title III programs are being reduced, and the Commission on Aging recently approved bids for 2014 that were higher for meals in 2013. Therefore, the Commission is facing deficits in funding of the congregate and home-delivered meal programs. It has been five years since the last increase in suggested donations for these meals. After discussion, the Commission on Aging voted to increase the suggested donation from \$3.50 to \$4.00/meal.

Director's Report: Niggemann reported that she is initiating an effort to offer the various Commission on Aging programs at outlying county locations. As part of this initiative, Stepping On, a program designed to help reduce falls, is being organized for September in Gilman.

Set Next Meeting Date & Place: The next meeting of the Taylor County Nutrition Council will be in Goodrich on Wednesday, November 6, 2013 at 11:00 A.M. (immediately following the Commission on Aging meeting).

Adjournment: With no further business, Bix moved to adjourn; Dubiak seconded. All Ayes. The meeting was adjourned at 11:28 A.M.

Handouts: Minutes of the May 1, 2013 Nutrition Council meeting; "2013 Average Congregate Meals per Day & Donations per Meal"; "2013 Cumulative Monthly/Quarterly/YTD Nutrition Statistics with 2013 Comparisons"; "2013 Congregate/Home Delivered Meals Served".

TAYLOR COUNTY NUTRITION ADVISORY COUNCIL
Wednesday, May 1, 2013 – 10:00 A.M.
Gilman Senior Center, 4th & Main, Gilman, Wisconsin

Members Present: Albrecht, Agen, Bix, Dubiak, Madlon, Peterson, Thums, Troyk

Members Absent: Jochimsen (excused)

Call to Order: Chair Albrecht called the meeting to order at 11:14 A.M. Also present were Diane Niggemann, Director, Taylor County Commission on Aging; Marcie Boie and Val Kulesa, Gilman Meal Site; and Eileen Roback, Gertrude Pinkert, and Helen Wachsmuth, members of the public.

Approve Minutes of the February 7, 2013 Meeting: Thums moved to approve the minutes of the February 7, 2013 Nutrition Council meeting; Agen seconded. All Ayes. Motion Carried.

Approve Agenda: Bix moved to approve the agenda with eleven items; Madlon seconded. All Ayes. Motion Carried.

Introduction of Council Members: The members of the Nutrition Council introduced themselves, as did the members of the public in attendance, and the Gilman Meal Site workers.

Welcome by Site Manager: Boie introduced herself and reported that things are going very well at the Meal Site. Attendance numbers have remained up even after the changeover in meal providers.

Update on Gilman Site Meals & Numbers: The Council reviewed the Gilman Site numbers. See "Review 2013 Meal Site Cost Comparison" item below.

Review 2013 Meal Site Cost Comparison: Meals served for the first quarter of 2013 were as follows: Medford averaged 14 meals per day; Stetsonville averaged 18; Rib Lake 17; Westboro 17; Goodrich 19; Gilman 15; Jump River 18. The average total number of meals served per site was 16. Average donations per meal were as follows: Medford - \$3.62; Stetsonville - \$3.65; Rib Lake - \$3.11; Westboro - \$3.54; Goodrich - \$3.52; Gilman \$3.24; Jump River \$3.60. The average donation per meal countywide was \$3.43.

Total meals served during the first quarter of 2013 were 7,091, compared to 8,042 for the first quarter of 2012. Total donations during the first quarter of 2013 amounted to \$24,395.13, compared with \$27,893.40 in 2012. Average meal donations for the first quarter of 2013 were \$3.44, compared with \$3.37 for the same period in 2012.

Director's Report: Niggemann reported that an effort is being made to offer the various programs the Commission on Aging offers given at the outlying meal sites as opposed to just in Medford. Stepping On, a program designed to help reduce falls, will be given in Gilman in September.

Set Next Meeting Date & Time: The next meeting of the Taylor County Nutrition Council will be Wednesday, August 7, 2013 at 9:30 A.M. It will be held in Westboro.

Adjournment: With no further business, Bix moved to adjourn; Troyk seconded. All Ayes. The meeting was adjourned at 11:47 A.M.

Handouts: Minutes of the February 7, 2013 Nutrition Council meeting; "2013 Average Congregate Meals per Day & Donations per Meal"; "2013 Cumulative Monthly/Quarterly/YTD Nutrition Statistics with 2013 Comparisons".

TAYLOR COUNTY NUTRITION ADVISORY COUNCIL
Thursday, February 7, 2013 – 11:00 A.M.
Jump River Community Center, Jump River, Wisconsin

Members Present: Agen, Albrecht, Bix, Dubiak, Jochimsen, Madlon, Peterson, Thums, Troyk

Members Absent: None

Call Meeting to Order: Chair Albrecht called the meeting to order at 11:17 A.M. Also present was Diane Niggemann, Commission on Aging Director.

Approve Minutes of the October 3, 2012 Meeting: Troyk moved to approve the minutes of the October 3, 2012 meeting; Peterson seconded. All Ayes. Motion Carried.

Approve Agenda: Madlon moved to approve the agenda with nine items; Bix seconded. All ayes. Motion Carried.

Public Input: None

Review 2012 Nutrition Reports: Statistics for congregate and home-delivered meals were reviewed. For 2012, the daily number of meals served at each meal site averaged between 11 and 34. Donations per meal ranged from \$3.07 and \$3.82. Total meals served at the congregate sites numbered 15,386; home-delivered meals totaled 6,804; contracted meals totaled 9,481, and meals served in connection with the Senior Health Fair numbered 567. The total number of meals served was 31,718. The total number of meals served in 2011 was 35,994. Total donations received for 2012 were \$130,541.33, compared with \$141,593.49.

Update on Gilman Nutrition Site: Agen reported that things are going very well. The new menus have been well received, and the attendees are pleased with the food and the service. It was generally felt that the fact the Commission is able to support a local Gilman business is a very good thing.

Other Business: None

Set Next Meeting Date & Place: The next meeting of the Taylor County Nutrition Advisory Council will be Wednesday, May 1, 2013 at the Gilman Senior Center. It will begin immediately following the Commission on Aging meeting which will start at 10:00 A.M.

Adjourn Meeting: With no further business, Bix moved to adjourn; Thums seconded. All Ayes. The meeting was adjourned at 11:46 A.M.

Handouts: Minutes of the October 3, 2012 Nutrition Advisory Council meeting; 2012 Average Congregate Meals per Day & Donations per Meal; 2012 Congregate/Home Delivered Meals Served; 2012 Cumulative Monthly/Quarterly/YTD Nutrition Statistics with 2011 Comparisons; 2012 Congregate/Home Delivered Meals Donations.