

Through the Older Americans act, the National Family Caregiver support Program (NFCSP) was developed by the Administration on Aging (AOA) after listening to the needs expressed by hundreds of family caregivers in discussions held across America.

While family caregiving has saved government and taxpayers huge amounts of money, the costs to caregivers themselves – in terms of time, physical and emotional stress, and financial burdens - can be significant.

These long-unsung heroes of family life – these caregivers who take care of elderly family members or friends and often feel forgotten by our system of social services – can now receive some of the support that they themselves need.

The program offers five basic services for family caregivers:

- ◆ Information to caregivers about available services.
- ◆ Assistance to caregivers in gaining access to these supportive services.
- ◆ Individual counseling, organizing of support programs and training to assist caregivers. Training may be available to teach caregivers the skills, knowledge and behaviors that they need for helping themselves.
- ◆ Respite care to enable caregivers to get temporary relief from their caregiving responsibilities.
- ◆ Supplemental services, on a limited basis, to complement the care provided by caregivers.

This program can assist two groups of caregivers:

- 1) Those who are supporting persons 60 years of age and older who are in the greatest social and economic need – with particular attention to low-income, minority individuals; and
- 2) Grandparents or other relatives 60 years of age and older who are raising children under the age of 19.

For more information about this program, contact the Taylor County Commission on Aging at 715-748-1491.

## Where Do I Go, Who Do I Call?

### Adult Day Care / Respite Care

**Care Partners Assisted Living Medford/Country Terrace Abbotsford.....715-748-2114**

*All Private rooms and Baths*

**Colonial House, Colby, WI.....715-223-2352**

*Adult day care provided daily from 9 AM – 3 PM. Respite care available. Call for more information.*

**Deerview Meadows, Medford, WI.....715-748-5566**

*Provides nursing care/supervision, meals, activities, and medication monitoring. Respite care consists of an overnight stay up to 28 days.*

**Gilman Care Center, Gilman, WI.....715-447-8217**

*Provides respite care which consists of an overnight stay up to three weeks.*

**Golden Living Center - Continental Manor.....715-223-2359 Abbotsford, WI**

*Provides nursing care/supervision, meals, activities and medication monitoring. Adult day care available AM or PM, seven days per week. Overnight respite care. Call for more information.*

**Golden Living Center – Rib Lake, WI.....715-427-5291**

*Provides nursing care/supervision, meals, activities and medication monitoring. Short-term rehabilitation stays and respite care available.*

**Our House Senior Living, Medford, WI.....715-748-2901**

*Provides overnight respite and long-term care including supervision, private rooms, meals, life enrichment activities and medication monitoring. No adult day care. Call for information.*

### ADRC of the Northwoods

*The Aging & Disability Resource Center of the Northwoods is the first place to go with your aging and disability questions. ADRCs are “Information stations” where individuals can obtain accurate, unbiased information related to aging or living with a disability.*

**ADRC of the Northwoods..715-748-1492...or.... 1-800-699-6704**